# November 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>10:30 Swatting Flies<br>12:30 Pottery<br>**2:30 Music Fun w/Andrew** Workout<br>3:30 Silver Sneakers<br>3:35 Snack | 3<br>9:30 Dixon Art Gallery<br>10:30 Cardio Drumming<br>12:30 Pottery<br>**2:30 Music Fun w/Pete**<br>3:15 Silver Sneakers Workout | 4<br>9:30 Placemats<br>10:30 Balloon Volleyball<br>12:30 Art<br>**2:30 Music Fun w/Driveway Dudes**<br>3:15 Silver Sneakers Workout | 5<br>**9:30 Flower Arranging w/Shelby East Garden Club**<br>10:30 60 Min Workout<br>12:30 Art<br>3:35 Snack | 6<br>10:30 Swatting Flies<br>1:30 Art<br>3:30 Silver Sneakers<br>3:35 Snack |
| 9<br>10:30 Swatting Flies<br>12:30 Pottery<br>3:15 Silver Sneakers Workout<br>3:35 Snack | 10<br>9:30 Dixon Art Gallery<br>10:30 Cardio Drumming<br>12:30 Pottery<br>**2:30 Hymn Sing w/Becky**<br>3:15 Snack<br>**3:45 Melodies4Memphis** | 11<br>**11:30 Red, White & Blue Lunch**<br>12:30 Art<br>**2:30 Knight's of Columbus Veterans Day Presentation** | 12<br>**9:30 Craft Club**<br>10:30 60 Min Workout<br>12:30 Art<br>**2:30 Birthday Party Sponsored by New Neighbors** | 13<br>10:30 Swatting Flies<br>12:30 Bingo<br>1:30 Art<br>3:15 Silver Sneakers Workout<br>3:35 Snack |
| 16<br>**9:30 Decorating Cornucopias w/Germantown Garden Club**<br>12:30 Pottery<br>**2:30 Music Fun w/Andrew** | 17<br>10:30 Cardio Drumming<br>12:30 Pottery<br>**2:30 Music Fun w/Pete**<br>3:15 Silver Sneakers Workout<br>3:35 Snack | 18<br>10:30 Balloon Volleyball<br>12:30 ART<br>**2:30 Music Fun w/Driveway Dudes**<br>3:15 Silver Sneakers Workout | 19<br>**11:30 Page Robbins Thanksgiving Lunch- Music by Creative Aging**<br>12:30 Art | c<br>20<br>10:30 Swatting Flies<br>1:30 Art<br>3:30 Silver Sneakers<br>3:35 Snack |
| 23<br>10:30 Swatting Flies<br>12:30 Pottery<br>3:15 Silver Sneakers Workout<br>3:35 Snack<br>**WE Are Thankful Week** | 24<br>9:30 Dixon Art Gallery<br>10:30 Cardio Drumming<br>12:30 Pottery<br>**2:30 Hymn Sing w/Becky**<br>3:15 Silver Sneakers Workout | 25<br>10:30 Balloon Volleyball<br>12:30 Art<br>**2:30 Music Fun w/Driveway Dudes** | 26<br> | 27<br> |
| 30<br>10:30 Swatting Flies<br>12:30 Pottery<br>3:15 Silver Sneakers Workout<br>3:35 Snack | | | | |