

Monday

Tuesday

Wednesday

Thursday

Friday

**WE WILL BE
CLOSED ON
LABOR DAY**

10:30 Cardio Drumming
12:30 Pottery
2:30 Music Fun w/ Pete
3:15 Movin' & Groovin'
3:35 Snack

9:30 Placemats
**11:30 Shrimp & Sausage
Gumbo Lunch**
12:30 Art
**2:30 Music w/ Tony &
Friends**
3:15 Movin' & Groovin'

**9:30 Flower Arranging w/
Shelby East Carden Club**
10:30 60 Minute Exercise
**11:30 National Cheese Pizza
Day Lunch**
2:30 Art
3:35 NFL Kickoff Snack

**9:15 Mid-South Therapy
Dogs Visit**
10:30 Basketball Throw
12:30 Bingo
1:30 Art
**3:35 National Popcorn
Snack Day**

Grandparents Day
9:30 Art w/ Dixon Galleries
10:30 Swatting Flies
12:30 Pottery
2:30 Harris & Fritz Concert
1950's Week

10:30 Cardio Drumming
12:30 Pottery
2:30 Hymn Sing w/ Becky
3:15 Movin' & Groovin'
3:35 Snack

**Sorry WE'RE
CLOSED
FOR STAFF TRAINING**

10:30 60 Minute Exercise
11:30 50's Drive In Lunch
12:30 Art
**2:30 Music w/ Tony &
Friends**
3:15 Movin' & Groovin'
3:35 Snack

10:30 Basketball Throw
12:30 Bingo
1:30 Art
**2:30 Sock Hop-Music by
Creative Aging & Double D
Band**

**Flower Delivery From
901 Pop-Petals of Purpose**
11:30 BB King's B'day Lunch
12:30 Pottery
3:35 Favorite Cookie Snack
Favorite Cookie Week

10:30 Cardio Drumming
12:30 Pottery
2:30 Music Fun w/ Pete
3:15 Movin' & Groovin'
**3:35 National Scooby Do
Day-Scooby Snack**

**9:15 Mid-South Therapy
Dogs Visit**
12:30 Art/**Cooking Club**
**2:30 Music w/ Tony &
Friends**
**3:35 Home Baked Cookies
Snack**

**Happy 30th Anniversary
Page Robbins**
10:30 60 Minute Exercise
12:30 Art
2:30 Movin' & Groovin'
2:50 Favorite Cookie Snack

10:30 Basketball Throw
12:30 Bingo
1:30 Art
2:30 Harris & Fritz Concert
3:15 Movin' & Groovin'
3:35 Favorite Cookie Snack

10:30 Swatting Flies
12:30 Pottery
3:15 Movin' & Groovin'
3:35 Snack
**National Adult Day Service
Week**

**9:15 Mid-South Therapy
Dogs Visit**
10:30 Cardio Drumming
12:30 Pottery
2:30 Hymn Sing w/ Becky
3:15 Movin' & Groovin'
3:35 Snack

9:30 Placemats
10:30 Cardio Drumming
12:30 Art
**2:30 Music w/ Tony &
Friends**
3:15 Movin' & Groovin'
3:35 Snack

10:30 60 Minute Exercise
12:30 Art
2:30 Creative Aging Concert
Joyce Cobb & Friends
3:15 Movin' & Groovin'

10:30 Basketball Throw
12:30 Bingo
1:30 Art
2:30 Birthday Party
3:15 Movin' & Groovin'
3:35 Snack

10:30 Swatting Flies
12:30 Pottery
3:15 Movin' & Groovin'
3:35 Snack
Let's Go To The Fair

10:30 Cardio Drumming
**12:30 St. Mary's Chamber
Choir**
1:00 Pottery
3:15 Movin' & Groovin'
3:35 Snack

September 2025